# **EP&R Dispatch**



2020 Late Spring/Summer Edition

# What's happening at Eudora Parks and Recreation?

# BlastBall! - Your little ones will LOVE it !!!



**BlastBall!**...is a fast-paced instructional game relating closely to baseball or softball providing entry-level skills to young boys and girls.



A great primer for future ballplayers!

Price per player: \$27 (includes shirt)
(register online or at EP&R)
All "game-days" on TUESDAY evenings at TBD locations

#### Four Sessions to choose from:

April 21—May 12 (deadline - 4/12) — <u>June 9 — July 7 (Deadline - 5/30)</u> <u>July 28 — August 18 (Deadline - 7/19)</u> — <u>Sept. 15 — Oct. 6 (Deadline - 9/6)</u>

# Family Fun Night - 2020 Edition!

Family Fun Nights
May 29th and July 31
at Lucy Kaegi Park, 1638 Elm (NEW location!)

Bring your lawn chairs/blankets and your whole family for an evening of fun! Games, activities, vendors, etc. from 7:00p-8:30p.

"Movie in the Park" to follow at dusk!

If you would like to participate as a vendor, or volunteer, please contact Jimmy K. at EPRD.



Movies this year: Toy Story 4 and The Addams Family!

## Pickleball !!! - FREE play and equipment provided

### What is Pickleball?

Pickleball is a racquet sport that combines elements of badminton, tennis, and table tennis. Two, three, or four players use paddles to hit a "wiffle ball", over a net.



#### Come see what all the craze is about!

We have FREE play most every Tuesday and Thursday mornings from 9:30am-11am AND, get together on Wednesday evenings from 6-8pm

Check us out on facebook @ Eudora KS Parks and Recreation Department

# Challenger Youth Soccer Camp - International Soccer Clinic Instruction



Hosted by Eudora Parks and Recreation June 15 - 19

Lucy Kaegi Park
16th and Elm Street

Tiny Tyke (3-5 yrs) - \$84 — 8:15am-9:15am

Half Day Camp (6-14 yrs) - \$120— 9:30am-12:30pm

Questions? - Andy Bureman: (913)599-4884 x222 or abureman@challengersports.com Checks payable to "Challenger Sports"

Please visit http://www.challengersports.com/ for more information and to register. Registration forms available at the Community Center

Challenger Sports' International Soccer Camp is the most popular soccer camp in the country based on one of the most innovative approaches to coaching youth soccer. With programs for each age, the curriculum includes a variety of foot skills and drills, tactical practices, freestyle soccer, small-sided games, coached scrimmages, and a mini tournament play.

Players also learn about our core values of respect, responsibility, integrity and sportsmanship.

# **Disc Golf Tournament**

### **Independence Day Disc Golf Tournament**

Join us for our annual disc tournament, right here in Eudora!

Our nine-hole course is getting some action, so let's turn it up a bit with a friendly competition!

**Tournament Date/Time**: Sunday, July 5 at 5pm

Price: \$5/player

Location: Eudora's Bluejacket Park Disc Course, 12th and Cedar

Prizes awarded for lowest scores and "Closest to the Basket."

For registrations and more information, please visit the Community Center





# Adult Kickball - Co-Rec Kickball League

Eudora Recreational Adult Kickball League (Ages 16 and older)

Co-Rec league played on Friday evenings at Lucy Kaegi Park's Softball Field

Fees per team: \$150 (Six-game guarantee)

League Dates:

July 17 - August 28 (Approx.)

(ALL starting dates tentative)



# Sundays with Sacha - Yoga/Pilates for all ages and levels



# End Your Weekend and Start Your Week RELAXED and REJUVENATED

Join certified instructor, Sacha Dick, for this class and exercise your mind and body.

# SUNDAYS — 6:00PM-7:00PM (beginning in Sept.) @ EUDORA COMMUNITY CENTER \$7 PER DROP-IN CLASS OR \$60/10 CLASS PUNCHCARD

Contact: sachafire@gmail.com — Please bring your own mat...all ages and levels!



### **Begins June 3rd!**

## Hydro-Fit! - Splash your way into shape with aqua aerobits

Dive into a another type of Arete Fitness!

Splash your way into shape with an invigorating low-impact, high result aquatic exercise. This class gives new meaning to the idea of a refreshing workout. Just add water and get a cardio-conditioning and body-toning workout you're sure to love, not to mention the tan that comes with it!

Wednesday and Friday from 12pm-12:50pm at Eudora Aquatic Center \$5 a class — OR 5 classes for \$22.50 — OR \$40 for 10 classes Please contact Amanda at aretefitnessandnutrition@gmail.com for more information or see her at the pool before or after class.

## Tumbling 101!!! - Beginning gymnastics for tooldlers and up!

"Tumbling 101" is aimed at both boys and girls from toddler-age and up!

Tumbling drills, stretches, and beginning gymnastic moves are emphasized. **Begins July 25!** 

Classes held Saturday mornings in Community Center Gym.

2-3yrs - 9:00am

4-6yrs - 9:45am

7yrs up - 10:30am



\$50/six-week session - Pay instructor at class - Email kristyspellman@yahoo.com for more info

# Cornhole! - Adult tournament

#### Time for some friendly games of "Bags!!"

Adult tournament, NO CO-REC RESTRICTIONS, teams can be made up in any fashion but have no more than 2 players with one sub allowed.

Tourney begins: Saturday, June 6 at 5:00pm in Lucy Kaegi Park

For complete list of tournament rules, please see or contact Jimmy K. at the Community Center - jkegin@cityofeudoraks.gov





# Senior Meals Congregate Lunch Site Now at Eudora Parks & Recreation Community Center

The Eudora Parks and Recreation Department is partnering with Meals on Wheels of Eastern Kansas to offer congregate meals at the Eudora Community Center. Any senior (60 and older) member of our community who would like to receive Meals on Wheels and signs up for the congregate site delivery can attend the group lunch. Sign-up is required, please see below for details.

#### **Full Details:**

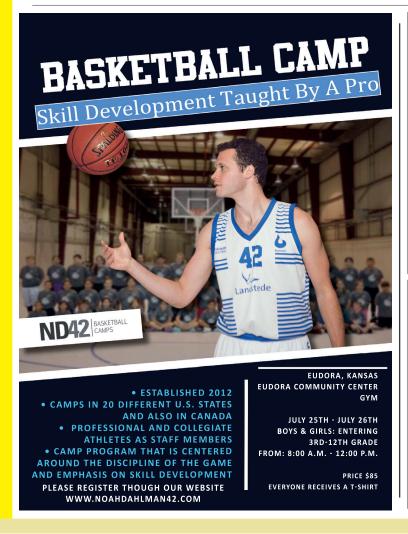
What - Senior Meals on Wheels Congregate Lunch

When - Monday through Friday, 11:30 a.m. - 12:30 p.m.

<u>Where</u> - Eudora Community Center, Parks and Recreation Building (next to community pool)

<u>How</u> - All attendees must sign up with Meals on Wheels to have their lunch delivered to the community center instead of at home. You can find the form at the community center.

<u>Why</u> - To provide a space for our community's seniors to gather and enjoy the company of their friends and neighbors. Please share with your neighbors!









### Other recreational opportunities with EPRD...

\*\*\* NEW fitness classes - "Fit Happens, Rock Your Body, and Ultimate Grind" with Mandy Mach - The class is a combo of cardio, core, and dance to keep your body guessing! A new class each week! - Wed. evenings at the Community Center \$5 "Drop-in" fee (Cash, PayPal, or Venmo)

\*\*\* Squaredancing! - Grab your partner and do-si-do over to the Community Center! We have organized squaredancing on the 1st and 3rd Tuesday of every month (5th Tuesday also if there). Free drop-in's are okay, \$3 suggested donation to the group. 12:30pm-2:45pm.

\*\*\* Toddler Time at EPRD — Open play time Mon./Wed./Fri. from 10:30am-11:45am in Community Center Gym - \$1

\*\*\* Red Cross Certified Swim Lessons — Two sessions to choose from beginning in June at the Eudora Aquatic Ctr.
\$42/participant. Lessons run M-Tr at 9a, 10a,11a, and 7p.

Session One: June 22-July 2 — Session Two: July 13-23

**Lesson Enrollment begins May 1st** 

Please visit our website for more information/online registration/forms, and more! www.eudoraparksandrec.org

## **Day Trips for Adults with Eudora Parks & Recreation**

All trips leave from the Eudora Community Center. Limited to 11 passengers.

First come/first serve basis. Payment must be received for reservation.

Contact Jimmy with questions and reservations at 785-542-3434/ jkegin@cityofeudoraks.gov

Overland Park Arboretum and trip to "Penzey's Spices", OVP KS

**Tuesday, April 21** 

	\$6 includes admission and transportation - Leave ECC @ 10:00am
Tuesday, May 5	Kauffman Stadium Tour, KCMO - \$20/participant, includes transportation Tour at 11am, LEAVE ECC @ 10am sharp – Lunch stop afterwards (not provided)
Tuesday, May 19	Boulevard Brewery Private Tour, KCMO - \$22 includes tour, transportation and beer samples. (Must be 21 and have photo ID) – Tour at 3:30pm, depart ECC @ 2:40
Tuesday, May 26	Louisburg Cider Mill, Louisburg KS - \$5 includes transportation, Leave at 10am (Except for those who were on last year's trip and have already paid)
Tuesday, June 2	Hollywood Casino/Legends, KCK - \$5 includes transportation Leave ECC @ 11:00am
Saturday, June 13	"Riverdance" at Starlight Theatre - \$40 includes ticket and transportation

Saturday, June 27 Grand Ottawa Opry! Ottawa KS - \$12 includes ticket and transportation Pre-show @ 6:30pm, Opry @ 7:00pm, leave ECC at 6:00pm

8:00pm showtime, leave ECC @ 6:30pm

Tuesday, July 14 Booth Family Hall of Athletics, KU Campus – Free, 10:00am departure from ECC Come self-tour the Hall and see the original rules of basketball

Food and other purchased items not included.

More trips to come in late Summer and Fall of 2020!

# Eudora Wellness Center

"Where your wellness is our business..."

#### MONTHLY MEMBERSHIPS — Open 24/7!

	<u>Monthly</u>	<u>Six-Month</u>	<u>Annual</u>
Adult Membership	\$24/month	\$120	\$240
Senior Membership (55+)	\$15/month	\$75	\$150
Family Membership	\$36/month	\$180	\$360***
Family Senior Membership	\$25/month	\$125	\$250***

(\*\*\* Includes Season Pool Pass!)

**NOW AVAILABLE: Group Fitness Classes with** 

our Personal Trainer!

Available free to our members ALL LEVELS WELCOME !!!

Also, ask us about our



#### Weekly Punch Pass Memberships

7 punches/\$15 — Adult 7 punches/\$10 — Senior/Student

Daily Charges — \$3.00, adult \$2.00, student \$1.50, senior

#### Eudora Wellness Center offers:

"Corporate Rates" Treadmills, Elliptical Machines, Recumbent Bikes, Upright Bike, Stairclimber, Dual Universal Weight Machines that work every part of your body, a Power-Squat Rack, with plenty of dumbbells and benches for free weights.

Come check us out today! — NO contracts, no hidden fees....no nonsense!



HOURS OF OPERATION **OPEN SWIM TIMES** Open 7 days a week! 1:00 p.m. - 7:00 p.m.

### **Daily Admissions**

Children/Adults 3 - UP \$4.00 2 & under - Free with adult admission Seniors: FREE (55 and up)

### **Season Passes**

Single Pass - \$75 Family - \$150

Family Pass = (Household of 6 Immediate Family that reside together only) \$25 additional family member

#### **Pool Party Rentals**

Friday/Saturday/Sunday **Evenings only** 

7:00 p.m. - 10:00 p.m.

1 hour increments \$125/hr.

Full payment required at time of reservation

#### **Punch Passes** 20 Trip Pass Card - \$60

**Dollar Days at the Pool:** 

OPENS

26th!

Lap Swim: M/T/Tr

12p-12:50p - \$1

\$1 Admission

\$1 Hot Dogs

June 5 and 26 July 10

## **Eudora Community Center**

HOURS OF OPERATION

**Summer Hour** (Beginning May 25)

Mon-Fri.—7:00am-7:00pm

Sat.—9:00am-7:00pm

Sun.—1:00pm-7:00pm

Please call ahead for open-gym times.

Come on out and play!!

Eudora Parks and Recreation 1630 Elm Street - P.O. Box 182 Eudora, Kansas 66025 (785)542-3434 or 542-1725 www.eudoraparksandrec.org